**Portrait Photography Workshop**

**Directing your model**

When directing a photoshoot, you should be in control of your model. It should not just be luck that you got a certain photo, but it should be a result of your communication. Consider the following and list specific things that you could ask for. (You will take these photos later!)

**Facial expression** – make notes on how someone might look when they are:

*(consider eyes, eyebrows, mouth, accompanying hand gestures etc)*

|  |  |  |
| --- | --- | --- |
| Happy  | Angry | Frustrated |
| Reflective  | Excited  | Confused  |
| Sad  | Worried  | Suspicious  |

**Body position**

List all of the ways that you might position your body, using the following:

|  |  |  |
| --- | --- | --- |
| Hands | Arms | Legs |
| *Eg. Resting head on hand* | *Arms folded whilst seated* | *Legs crossed, sat on the sofa.* |

**Further body positions**

|  |  |
| --- | --- |
| **Standing positions** | **Seated positions** |
| *Eg. Leaning against a wall* | *Eg. Kneeling and leaning back in a yoga position* |

**Background**

Choose your background carefully, for contrast with the figure.

|  |  |  |
| --- | --- | --- |
| Headshot against a plain background. Laughing.  | Upper body shot against a brick wall. Gesturing with hands. | Side profile, rule of thirds, against a patterned/busy background. Frown. |

Plan out three of your own choices of background. Note the body position and expression/gesture.

|  |  |  |
| --- | --- | --- |
|  |  |  |

**Lighting**

|  |  |  |
| --- | --- | --- |
| Front lighting  | Back lighting  | Side lighting |
| Spotlight/torch in the dark – high contrast | Natural light outdoors | Natural light - window |